



# Lunch Menu

*Served Noon to 2:30 p.m.*

## Soups

Chicken Tortilla or Soup of the Day  
\$4.95

## Salads

### **CIYC Caprese Salad**

Vine Ripe Tomatoes with Fresh Sliced Mozzarella served with Torn Basil, Kalamata Olives, Baby Greens and a House Balsamic drizzle  
\$10.95

### **Classic Caesar Salad**

Crisp Hearts of Romaine with Lemon-Oregano Dressing,  
Parmesan Reggiano Cheese & Croutons  
Small \$4.95                      Large \$7.95  
add Chicken – blackened or grilled \$3  
add Black Grouper, Gulf Shrimp or Steak \$6  
add Wild Caught Salmon \$5

### **CIYC Tropical Chicken Salad**

Mixed Baby Greens with Sweet Oranges, Toasted Almonds & Crumbled Blue Cheese, topped with our House made Tropical Chicken Salad  
\$11.95

### **Asian Chicken Salad**

Seared Chicken Breast dusted with Chinese Five Spice, sliced and served over a bed of Romaine topped with mandarin oranges, julienne vegetables, water chestnuts and crispy chow mein noodles served with an orange sesame dressing  
\$11.95

*Salad Dressings available:*

*Honey-Balsamic Vinaigrette, Ranch, Blue Cheese, Thousand Island  
Raspberry Vinaigrette, Oil & Vinegar*

## Seafood

### **Maryland Style Crab Cakes**

Lump crabmeat, red bell peppers, red onion and chives dusted in panko bread crumbs, Sautéed and served with grilled pineapple relish and a key lime aioli  
\$13.95

### **Shrimp & Scallops Skewer**

Gulf Shrimp and Scallops Skewer gilled & brushed with a lemon, soy sauce Asian glaze  
Served over a bed of Rice Pilaf  
\$13.95

## Pasta of the Day

\$11.95



## Lunch Menu

*Served Noon to 2:30 p.m.*

### Sandwiches

*Served with a choice of: Kettle Chips, Cole Slaw or Fresh Fruit  
add French Fries or Sweet Potato Fries \$1.50*

### Grouper Sandwich grilled or fried or blackened

served on a Soft Grilled Bun served with  
Lettuce, Tomato, Pickles and House Remoulade  
\$ Market Price

### B.L.T.C.

Crisp Applewood Smoked Bacon, Lettuce & Tomato  
with Mayonnaise on a Toasted Croissant (available on toast)  
\$9.95  
add Salmon \$7

### Grilled Cheese with Bacon & Tomato

Crisp Applewood smoked Bacon, sliced vine ripe Tomatoes and Cheddar Cheese  
All grilled golden brown on Sour Dough Bread  
\$9.95

### Chicken Caesar Wrap

Grilled or Fried Chicken Breast tossed with chopped Romaine, diced tomatoes, parmesan  
cheese and Caesar dressing all wrapped in a warm Spinach Torilla  
\$10.95

### Yacht Club Angus Burger

a Half Pound of Angus Beef grilled to order  
served with Lettuce, Tomato and Pickles on a Soft Toasted Bun  
\$9.95  
add Swiss, Cheddar Cheese or crumbled blue cheese \$1.00  
add Smoked Applewood Bacon \$2.00

### Chicken Quesadilla

Southwestern Spiced Chicken with Blended Cheeses on a grilled Flour Tortilla served with Sour  
Cream and Pico de Gallo  
\$10.95

### CIYC Chicken Salad Club

House made Chicken Salad with Crisp Smoked Applewood Bacon,  
Lettuce and Tomato on a Toasted Croissant  
\$11.95

### Beverages

Coke ~ Diet Coke ~ No Caffeine Diet Coke ~ Ginger Ale ~ Sprite . . . \$1.50  
San Pellegrino Sparkling Water . . . \$2.50 Iced Tea . . . \$1.75 Lemonade . . . \$1.75  
Domestic Beer . . . \$2.50 Imported Beer . . . \$3.50  
Assorted Hot Teas . . . \$1.75 Starbucks Coffee, Regular or Decaffeinated . . . \$2.00  
Espresso . . . \$2.50 Cappuccino . . . \$3.50